

# Packing list (Exchange students)



Your one-stop platform for Exchange / International Studies



## Clothing & Accessories

- Comfortable wear / pajamas (for home)
- Casual / Smart-casual wear (for travel / hanging out)
- 1 set of formal wear (for presentations / interviews)
- Underwear (2 weeks' worth)
- Jacket / sweater / hoodie
- Socks
- Slippers / sandals
- Shoes:** sneakers / boots / formal shoes / sports shoes
- Accessories:** belts, hairbands, necklaces, earrings etc.
- Eye wear:** glasses / contact lenses / sunglasses (if needed)
- [Optional] Work-out wear
- [Optional] Outdoor adventure wear



## Winter:

- Head:** ear mufflers / scarf
- Hand:** gloves / mittens
- Thermal underwear
- Winter coat / windbreaker
- Lip balm
- Body lotion / moisturizer



## Summer:

- Sunblock
- [Optional] Suntan lotion
- [Optional] Swim wear & Goggles



## Toiletries

- Shampoo & Conditioner
- Body soap
- Facial wash
- Skincare products:** toner, moisturizer etc.
- Make-up & Remover
- Toothbrush, toothpaste & dental floss
- Feminine products**
- Razor and accompanying products**
- Hair gel / wax / spray
- Towels (bath & facial)
- Comb / brush
- Nail clippers
- Tissue / toilet paper (always better to be prepared!)
- Contact lenses solution (if needed)
- [Optional] Deodorant / Perfume



## Electronics & Hardware

- Travel adaptors
- Laptop and charger
- Handphone and charger
- [Optional] MP3 player / iPod
- [Optional] Camera and charger
- [Optional] Thumbdrive / hard-disk



## Documents & Identification

- Valid passport and VISA / other immigration paperwork requested by the host country
- Extra passport-sized photos
- Letter of Offer & other documents sent to you by the host university
- Letter of Exchange enrolment and other related documents provided by your home university
- Printed copy of purchased Travel Insurance (important to note policy number and emergency contact number)
- Photocopies of your Passport (identification page), Student Card & Identification Card (IC)
- Copy of your Medical records and immunization papers (if needed)
- [Optional] Identification Card (for people who do not wish to carry their passport around or as a safeguard in case you lose your passport and needs verification)
- [Optional] Driver's license & International Driver's Permit



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## Consumption

- Prescribed medication (make sure you are allowed to bring it into the country and that you have the supporting documentation; either the prescription or a doctor's note)
- Over-the-counter medicine (for flu, fever, diarrhea etc.)
- [Optional] Local food and dietary supplements (e.g. Vitamins)

**Flying Chalks' tips** (esp. for budget airline travellers):

- Bring along an empty water bottle to fill up at the airport right before boarding your flight to avoid costly drink purchases
- Bring along some snacks in your carry-on baggage to munch on



## Extras

- Wallet / purse
- Foreign currency
- Credit / debit card (keep a record of all the serial numbers in case of theft or loss, and know how to report for loss)
- Bags:** for school / travel / hanging out
- Basic stationery and a notepad
- Plastic bags / Zip-lock bags
- [Optional] Bedding (bed sheets, pillow cases etc.)



## Personal notes

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